

About Sight and Smile Centre

Sight and Smile Centre is a state-of-the-art eye and dental care facility established in 2008 in the heart of the Indian capital, New Delhi with the aim of providing world-class healthcare services at affordable costs to all sections of society. Located in Central Delhi, 100 metres from the Patel Nagar Metro station (on the blue line of the Delhi Metro transit system), the facility is also easily approachable by road. Vehicle parking facility is available. Spread over an area of 7200 sq ft, the centre is fully air-conditioned and has an elevator facility for patient convenience. It complies with all fire safety regulations. The comforting ambience, the warm atmosphere and cleanliness make it stand apart. Medical records of patients are maintained for future reference. The facility prides itself in having a fully-equipped ultra-modern eye operation theatre, which is one of the largest in the city. The centre is registered with the Directorate of Health, Govt. of NCT of Delhi and functions from 9 am to 9 pm (Monday - Saturday). Emergency services can be availed round-the-clock. Dr. Pankaj Malik heads the eye department while Dr. Jyoti Malik heads the dental department. It is our constant endeavour to provide such preventive and restorative services to patients that they have the best of sight and smile.



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DENTAL EMERGENCIES

Where time is of essence



Dental pain
Chipped teeth
Cracked / Fractured teeth
Knocked out teeth
Loose teeth

Patient Information Brochure *Not valid for legal purposes

What constitutes a dental emergency?

Dental emergency is a term used to describe an issue involving the teeth and supporting tissues that is of high importance to be fixed or treated. Dental emergencies do not always involve pain, although this is a common signal that something needs to be looked at.

DENTAL PAIN

Any pain in the mouth should prompt the patient to seek immediate attention. Dental pain may result from injury, bleeding, periodontal disease, exposed tooth pulp, pus around the tooth etc. Delay in seeking treatment can make the difference between a tooth otherwise easily salvageable by cosmetic filling to now needing a root canal treatment or removal. In cases of bleeding, apply pressure over the bleeding area with gauze and visit the dentist immediately.

CHIPPED TEETH

A marginally chipped tooth may not hurt although one needs to be careful that it does not chip off further while chewing. Such chips can either be smoothed out or repaired with tooth-coloured composite restorative materials.



Chipped tooth

CRACKED / FRACTURED TEETH

This condition demands immediate medical attention. Following a dental examination, an X-Ray of the affected area is done to assess for injuries to the surrounding tissues and the tooth root. X-Ray also helps to judge the proximity of the crack to the tooth pulp. Minor cracks can be treated with tooth-coloured restorative bonding techniques.

In case the injury involves the tooth pulp and causes infection, Root Canal Treatment (RCT) followed by crown placement will need to be resorted to. In certain situations, severely broken or cracked teeth may need to be extracted. This may be followed by restorative bridge placement.



Cracked tooth

KNOCKED OUT TEETH

This condition requires immediate medical attention. The classical case in point is a patient holding the tooth in hand and giving a history of its knocking out a little while ago due to a fall or other injury. The first 30 minutes after the knock out is the golden period during which the tooth can be reinserted in its place if the following crucial handling steps are followed by the patient:

- Pick up the tooth by its top (crown). Do not touch the root of the tooth.
- Rinse the tooth in the sink very gently to clean it. Do not scrub. Place a towel in the sink so that the tooth does not go down the drain.
- Gently place the tooth back into its original place in the mouth and hold it there, else put it in a small cup containing milk.
- Visit the dentist immediately.

LOOSE TEETH

In cases of loose teeth, one may hold the teeth to keep them in position or just bite down to keep them from moving. Such teeth may need splinting with adjacent teeth to provide support.



Loose tooth